

## Composting Is Nature's Way of Recycling

### The Four Essential Ingredients of Composting

- 1) Greens (kitchen scraps & cut grass)
- 2) Browns (fallen leaves & grass)
- 3) Water (moist like a wrung out sponge)
- 4) Oxygen (tumble the pile to aerate it)

## What to compost

- Fruits and vegetable
- Eggshells
- Coffee grounds and filters
- Tea bags
- Nut shells
- Shredded newspaper
- Cardboard
- Paper
- Yard trimmings
- Grass clippings
- Houseplants
- Hay and straw
- Leaves
- Sawdust
- Wood chips
- Cotton and Wool Rags
- Dryer and vacuum cleaner lint
- Hair and fur
- Fireplace ashes



## What not to compost

- Black walnut tree leaves or twigs
- Coal or charcoal ash
- Dairy products (e.g., butter, milk, sour cream, yogurt) and eggs\*
- Create odor problems and attract pests such as rodents and flies
- Diseased or insect-ridden plants
- Fats, grease, lard, or oils
- Meat or fish bones and scraps
- Pet wastes (e.g., dog or cat feces, soiled cat litter)
- Yard trimmings treated with chemical pesticides



Source: Green Mojo Eco Consulting LLC website